

# ROYAL SCHOOL OF EXCELLENCE LUNCH MENU

# AUG

**MENU 2022**

GEAR UP FOR

## S.T.E.M



### ANNOUNCEMENTS:

- *Welcome Back to School!!*

*\*Remember to eat all your fruits and veggies to help you grow healthy!*

Menu Subject to Change.

We are an equal opportunity employer



Updated 8/1/2022  
www.SquareMeals.org

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

1<sup>ST</sup>

2<sup>ND</sup>

3<sup>RD</sup>

4<sup>TH</sup>

5<sup>TH</sup>

8<sup>TH</sup>

9<sup>TH</sup>

10<sup>TH</sup>

11<sup>TH</sup>

12<sup>TH</sup>

**Hamburger  
Let/Tom/Pickles  
Sweet Corn  
Fruit/FF Milk**

**Chicken Nuggets  
Mash Potatoes  
Broccoli Medley  
W/G Roll  
Fruit/FF Milk**

**Pizza  
Garlic Stick  
Carrot Sticks  
Sidekick Slushie  
FF Milk**

15<sup>TH</sup>

16<sup>TH</sup>

17<sup>TH</sup>

18<sup>TH</sup>

19<sup>TH</sup>

**Spaghetti  
Broccoli  
Garlic Toast  
Fruit/FF Milk**

**Beef Tacos  
Spanish Rice  
Pinto Beans  
Fruit/FF Milk**

**Brd.Chi Burger  
Let/Tom/Pickles  
Mix Veggies  
Fruit/FF Milk**

**Salisbury Steak  
Mash Potatoes  
Green Beans  
W/G Roll  
Fruit/FF Milk**

**Pizza  
Cucumber Sli.  
Garlic Stick  
Sidekick Slushie  
FF Milk**

22<sup>ND</sup>

23<sup>RD</sup>

24<sup>TH</sup>

25<sup>TH</sup>

26<sup>TH</sup>

**Hamburger Pasta  
Broccoli  
Garlic Toast  
Fruit/FF Milk**

**Beef Nachos  
Spanish Rice  
Pinto Beans  
Fruit/FF Milk**

**Hot Dog  
Baked Beans  
Veggie Sticks  
Fruit/FF Milk**

**Steak Fingers  
Mash Potatoes  
Sweet Corn  
W/G Roll  
Fruit/FF Milk**

**Pizza  
Garlic Sticks  
Carrot Sticks  
Sidekick Slushie  
FF Milk**

29<sup>TH</sup>

30<sup>TH</sup>

31<sup>ST</sup>

**Chicken Alfredo  
Broccoli  
Garlic Toast  
Fruit/FF Milk**

**Burrito  
Spanish Rice  
Pinto Beans  
Fruit/FF Milk**

**Corn Dog  
Baked Veg. Sticks  
Cucumber Slices  
Fruit/FF Milk**